Plan Type: Insert PPO

Coverage for: Individual or Family

A

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact AmeriBen at 1-866-955-1482.

For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.MyAmeriBen.com">www.MyAmeriBen.com</a> or call 1-866-955-1482 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Per participant: \$500 network/\$1,250 non-network Per family: \$1,200 network/\$2,500 non-network	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay.  If you have other family members on the plan, each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Co-payments for ER Physician services, alternative medicine, ambulance services, colonoscopy, EPHC PCPs, Tier 1 specialists, and City Employee Medical Clinic, Diabetes Care Management program, Health Management programs, hearing aids, diabetic insulin pumps and supplies, oxygen equipment and supplies, preventive care services, hearing exams, sigmoidoscopy, bone density screening, mammograms (diagnostic and preventive), urgent care, and prescription drugs.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.  For example, this plan covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	No. You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Per participant: \$2,500 network/ \$4,050 non-network  Per family: \$7,500 network/ \$12,150 non-network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services.  If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Non-covered expenses, charges in excess of reasonable and customary amounts, <u>premiums</u> , and penalties.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes, for medical: Anthem. For a list of <u>network providers</u> , call Anthem, at 1-800-676 BLUE or visit <u>www.anthem.com</u> .  Yes, for prescription drugs: MaxorPLus. For a list of retail and mail pharmacies, log on to <u>www.maxor.com</u> .	This <u>plan</u> uses a <u>provider</u> network. You will pay less if you use a <u>provider</u> in the <u>plan's</u> network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a deductible applies.

		What You Will Pay		Limitations, Exceptions, & Other Important
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
	Primary care visit to treat an injury or illness	EPHC \$25 co-payment, deductible waived All Other Providers \$35 co-payment	50% co-insurance	Co-payments are paid per visit.
Tier 1 \$40 co-payment, deductible waived  Specialist visit  All Other Providers \$60 co-payment	<u>Co-payments</u> are paid per visit.			
	Preventive care/screening/ immunization	No charge	50% co-insurance	Refer to the Summary Plan Description, Section III, Schedule of Benefits, for specific age and frequency limits (if applicable). There is a \$75 incentive if an employee or spouse receives preventive care services. Refer to your benefits department for further details.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% co-insurance	50% co-insurance	Preventive care service are covered at 100% in- network, deductible waived.
ii yoo iiuve u lesi	Imaging (CT/PET scans, MRIs)	Freestanding Facilities 10% co-insurance All Other Facilities 20% co-insurance	50% co-insurance	none

		What You Will Pay		Limitations, Exceptions, & Other Important
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
	Generic drugs	(30 Day Supply) City Employee Pharmacy \$6 co-payment MaxorPlus Pharmacy \$25 co-payment (90 Day Supply) City Employee Pharmacy \$15 co-payment MaxorPlus Pharmacy Not Covered		Plan Participants will progressively pay higher co-pays for maintenance prescriptions that are filled at MaxorPlus Retail Network Pharmacy versus the City Employee Pharmacy. Diabetic Supplies (Maximum 90-day Supply) - Covered at 100% (no co-payment). Diabetic Medications (Maximum 90-day Supply) - Covered at 100% (no co-payment) if obtained through the City Employee Diabetes Ten City Challenge Pharmacy Program.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.maxor.com.	Preferred brand drugs	(30 Day Supply) City Employee Pharmacy \$35 co-payment MaxorPlus Pharmacy \$55 co-payment (90 Day Supply) City Employee Pharmacy \$70 co-payment MaxorPlus Pharmacy Not Covered	Non-Network prescription medications are only available in Emergency/After Hours situations Refer to the Medical Plan Document for further details.	Information regarding Step Therapy and Cardiovascular Incentive Programs.  Chronic Condition Management — The co-payment is waived for generic maintenance prescriptions used to treat chronic conditions such as Asthma, Coronary Artery Disease, COPD, Diabetes, Hypertension, and GERD if filled at the City Employee Pharmacy while enrolled in the disease management program.  Some medications may be subject to quantity limitations and/or pre-certification.  Refer to the Summary Plan Description, Pharmacy Benefit Management Program for specific limits (if applicable). Certain preventive medications (including contraceptives) received by a network pharmacy are covered at 100% and the deductible/co-payment (if applicable) is waived. This does not include non-preferred preventive medications.  \$2,500 out-of-pocket maximum per member, per year. Includes injectable prescription medications.  \$2,500 out-of-pocket maximum per member, per year. Includes injectable prescription medications.  Not all prescription drugs are covered. To determine if a specific drug is covered under your plan, log into your account at www.cityemployeepharmacy.com OR www.maxor.com.

		What Yo	ou Will Pay	Limitations, Exceptions, & Other Important
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
	Non-preferred brand drugs	(30 Day Supply) City Employee Pharmacy \$60 co-payment MaxorPlus Pharmacy \$75 co-payment (90 Day Supply) City Employee Pharmacy \$120 co-payment MaxorPlus Pharmacy Not Covered		Plan Participants will progressively pay higher co-pays for maintenance prescriptions that are filled at MaxorPlus Retail Network Pharmacy versus the City Employee Pharmacy.  Diabetic Supplies (Maximum 90-day Supply) - Covered at 100% (no co-payment).  Diabetic Medications (Maximum 90-day Supply) - Covered at 100% (no co-payment) if obtained through the City Employee Diabetes Ten City Challenge Pharmacy Program. Please refer to your Summary Plan Description for information regarding Step Therapy and Cardiovascular
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.maxor.com.	Specialty drugs	(30 Day Supply) Tier 4  Maxor Specialty Drug 20% co-insurance with a max \$100 co-payment* MaxorPlus Retail Pharmacy Not Covered (30 Day Supply) Tier 5  Maxor Specialty Drug 20% co-insurance with a max \$150 co-payment* MaxorPlus Retail Pharmacy Not Covered (90 Day Supply) Not Covered  * co-pay will only apply if the member does not have co-pay assistance available.		Incentive Programs. Chronic Condition Management — The co-payment is waived for generic maintenance prescriptions used to treat chronic conditions such as Asthma, Coronary Artery Disease, COPD, Diabetes, Hypertension, and GERD if filled at the City Employee Pharmacy while enrolled in the disease management program.  Some medications may be subject to quantity limitations and/or pre-certification.  Refer to the Summary Plan Description, Pharmacy Benefit Management Program for specific limits (if applicable). Certain preventive medications (including contraceptives) received by a network pharmacy are covered at 100% and the deductible/co-payment (if applicable) is waived. This does not include non-preferred preventive medications.  \$2,500 out-of-pocket maximum per member, per year. Includes injectable prescription medications.  \$2,500 out-of-pocket maximum per member, per year. Includes injectable prescription medications.  Not all prescription drugs are covered. To determine if a specific drug is covered under your plan, log into your account at www.cityemployeepharmacy.com OR www.maxor.com.

		What You Will Pay		Limitations, Exceptions, & Other Important	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information	
If you have a utuations	Facility fee (e.g., ambulatory surgery center)	Freestanding Facilities 10% co-insurance All Other Facilities 20% co-insurance	50% co-insurance	Anesthesia and radiology fees will be covered as in- network if rendered in an in-network facility.	
If you have outpatient surgery	Physician/surgeon fees	UCHealth Memorial Facility 15% co-insurance All Other Facilities 20% co-insurance	50% co-insurance	none	
If you need immediate	Emergency room care	\$250 co-payment, deductible waived		All hospital admissions must be pre-certified within forty-eight (48) hours. Emergency Physician services are covered 100% deductible waived in-and-out of network. Diagnostic and surgical co-insurance applies.	
medical attention	Emergency medical transportation	\$100 co-payment	t \$100 co-payment	<u>Deductible</u> is waived in-and-out of <u>network</u> .	
	<u>Urgent care</u>	\$50 co-payment	50% co-insurance	<u>Deductible</u> is waived in- <u>network</u> . Diagnostic and surgical <u>co-insurance</u> applies.	
If you have a hospital stay	Facility fee (e.g., hospital room)	UCHealth Memorial Facility 15% co-insurance All Other Facilities 20% co-insurance	50% co-insurance	Pre-certification is required.	
	Physician/surgeon fees	20% co-insurance	50% co-insurance	none	

	What You Will Pay			Limitations, Exceptions, & Other Important
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
If you need mental health, behavioral health, or substance	Outpatient services	<b>Outpatient</b> \$25 co-payment, deductible waived	50% co-insurance	Includes intensive psychiatric day treatment and partial hospitalization.  Drug screenings administered in connection with a Substance Abuse Treatment Program — No charge after deductible.  Co-payments are paid per visit.  Medicine Monitoring is paid at no charge for in-network and 50% co-insurance after deductible for out-of-network.
abuse services	Inpatient services	UCHealth Memorial Facility 15% co-insurance All Other Facilities 20% co-insurance	50% co-insurance	Pre-certification is required.
	Office visits	EPHC PCP \$25 co-payment, deductible waived Tier 1 Specialist \$40 co-payment, deductible waived All Other Providers \$35 co-payment-PCP \$60 co-payment-Specialist	50% co-insurance	Co-payment on first office visit only.  Cost sharing does not apply for preventative services.  Depending on the type of services in-network, a co-payment may apply.  Maternity care may include test and series described elsewhere in the SBC (i.e. ultrasound).
If you are pregnant	Childbirth/delivery professional services	UCHealth Memorial Facility 15% co-insurance All Other Facilities and Hospital Services 20% co-insurance	50% co-insurance	none
	Childbirth/delivery facility services	UCHealth Memorial Facility 15% co-insurance All Other Facilities and Hospital Services 20% co-insurance	50% co-insurance	none

		What Yo	ou Will Pay	Limitations, Exceptions, & Other Important	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information	
	Home health care	20% co-insurance	50% co-insurance	Covers up to two (2) hours in a twenty-four (24) hour period.	
If you need help recovering or have other special health needs	Rehabilitation services	Outpatient \$35 co-payment Inpatient UCHealth Memorial Facility 15% co-insurance All Other Facilities and Hospital Services 20% co-insurance	50% co-insurance	Includes speech, physical, and occupational therapy. Outpatient Rehabilitation Services Annual Maximum: limited to 180 annual days per injury and illness combined with cardiac and pulmonary therapy. Inpatient Rehabilitation Services Annual Maximum: sixty (60) visits combined per participant. Pediatric rehabilitation therapy for participants up to age ten (10) limited to sixty (60) combined visits per benefit year. The level of benefits for occupation therapy, physical therapy, or speech therapy shall exceed the limit of sixty (60) visits per benefit year if such therapy is medically necessary to treat autism spectrum disorders. Initial evaluation does not count toward maximums and is paid under the office visit benefit. Pre-certification is required for pediatric rehabilitation therapy for pediatrics [up to age ten (10).	
	Habilitation services	Outpatient \$35 co-payment  Inpatient UCHealth Memorial Facility 15% co-insurance All Other Facilities and Hospital Services 20% co-insurance	50% co-insurance	Includes related prescriptions.	
	Skilled nursing care	50% co-insurance	50% co-insurance	Lifetime maximum: three hundred sixty-five (365) days.  Pre-Certification is required.	
	Durable medical equipment	0% co-insurance	50% co-insurance	Excludes oxygen and related equipment and supplies. Rental is paid up to allowable purchase price.	

		What Y	ov Will Pay	Limitations, Exceptions, & Other Important
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
If you need help recovering or have other special health needs	Hospice services	\$150 one-time co-payment	50% co-insurance	Includes inpatient care, physician's services, <u>prescription</u> <u>drugs</u> , <u>home health care</u> series, emotional support services for the patient and the patient's family, bereavement services, and homemaker services.
If your child needs dental or eye care	Children's eye exam	No charge	50% co-insurance	Routine eye examinations for participants to age eighteen (18), when participant is not covered by The COCS Vision Service <u>Plan</u> . Routine eye exam performed by a <u>specialist</u> .
	Children's glasses	Not Covered	Not Covered	none
	Children's dental check-up	Not Covered	Not Covered	none

#### **Excluded Services & Other Covered Services:**

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Cosmetic Surgery

- Non-Emergency care when traveling outside the U.S.
- Routine Eye Care (Adult)

• Dental Care (Adult)

• Private-Duty Nursing

• Routine Foot Care

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Bariatric Surgery
- Chiropractic Care

- Hearing Aids
- Infertility Treatment

- Long-Term Care
- Weight Loss Programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. You may also contact the Plan at The City of Colorado Springs, 30 S. Nevada Avenue, P.O. Box 1575, Mail Code 720, Colorado Springs, CO 80901-1575, 719-385-5125.

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

You may also contact the third party administrator (TPA) to assist the plan administrator with claims adjudication. The TPA's name, address, and telephone number are:

AmeriBen

**Attention: Appeals Coordination** 

P.O. Box 7186 Boise, ID 83707

E-mail: custserv@ameriben.com

Customer Service: 1-866-955-1482 Fax: 208-424-0595

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-955-1482.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-955-1482.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-866-955-1482.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-955-1482.

## **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall <u>deductible</u>	\$500
Specialist copayment	\$40
Hospital (facility) cost sharing	15%
Other cost sharing	20%

### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Tatal Funnania Cost

Total Example Cost	\$12,700
n this example, Peg would pay:	
Cost Sharing	
Deductibles	\$700
Copayments	\$20
Coinsurance	\$1,900
What isn't covered	
Limits or exclusions	\$10
The total Peg would pay is	\$2,630

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

The plan's overall <u>deductible</u>	\$500
Specialist copayment	\$40
Hospital (facility) cost sharing	15%
Other cost sharing	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests *(blood work)*Prescription drugs
Durable medical equipment *(glucose meter)* 

Total Example Cost	\$7,400

## In this example, Joe would pay:

Cost Sharing	
Deductibles	\$500
Copayments	\$800
Coinsurance	\$20
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$1,320

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

The plan's overall deductible	\$500
Specialist copayment	\$40
■ Hospital (facility) <u>cost sharing</u>	15%
Other cost sharing	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

**Total Example Cost** 

Total Example Cost	91/700
In this example, Mia would pay:	
Cost Sharing	
Deductibles	\$400
Copayments	\$300
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$700

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

\$1.900